



RECOVERY RX

MY SCARS ARE MY ARMOR

2022 Annual Report

Our Founder:

Our founder Chad Belger is an Army veteran, firefighter of 17 years, fire instructor, CrossFit coach, founder of Recovery RX Corp, and an alcoholic since the age of 13. He spent the majority of his life not caring if he lived or died. He realized his rock bottom when he had a bottle of pills in his hand and enough alcohol already in his system to make sure that he wouldn't wake up the next day. At that moment when he was as low as he had ever been, sick of suffering and being miserable, his Higher Power changed his heart. At that moment, he decided to try one more time to get sober. He was finally desperate and surrendered to the fact that he was a hopeless alcoholic. He went to treatment, found a support group and another man he admires, to help him through the process.



Chad found that a big part of him reaching sobriety was with the time and tribe he found in the gym. He founded Recovery RX Corp with the goal of bringing addicts in recovery together with free workouts. His dedication to helping others through their own struggles with addiction has become his life's work. He is an open book to anyone who asks because he hopes his experiences can help get someone on the track to regaining control of their own life.

About Us:

Recovery RX Corp is a 501(c)(3) nonprofit organization dedicated to bringing health and fitness to men and women in recovery from drug and alcohol addiction. We provide free workouts for people in recovery and those who want to support, for a chance to build community while also



improving our physical health. Through the generosity of our donors, we are able to support treatment, sober living, and gym memberships for those battling addiction. In the past three years of operation, we have financially sponsored several months of treatment, travel, and sober living for 16 people.

We provide these workouts free of charge thanks to relationships we have developed with already established gyms and other locations in Jacksonville, St. Augustine, Ocala, and Gainesville. The only fee we require from participants is 24 hours of sobriety. Our gym partners donate the space and equipment. We are also honored that they often make monetary donations as well.

Why we do this:

Sixteen individuals, at various stages of reaching out for sobriety, have benefited by our existence. Sixteen! The majority of whom are still enjoying all the gifts that sobriety can bring. Over the past three years, we have been witness to families reuniting, homeless becoming gainfully employed, babies being born, new careers, and so many second chances. The gratitude our sponsees share with us thanks do the generosity of our donors reminds us all the time of why we exist: to help others in their most desperate hour when they are finally open to change.

2022 Highlights:

- Our highest sponsee year yet, helping nine individuals (men and women) through detox and sober living.
- More than \$21,000 spent in sponsorships, no one had to be turned away due to lack of funding!
- Over 700 volunteered hours.
- 13 Sober Saturday and Sober Sunday workouts.
- Added yoga to our regular workout schedule.
- Connected with over 100 people at our Sober Saturday and Sober Sunday events.
- Vendor at the Epic Behavioral Health annual Recovery Fair.
- Received a \$15,000 grant in February 2022.
- Applied for three grants in late 2022.
- Appeared on two podcasts.
- Presented at Rotary of St. Johns



But we can do more:

- Open local sober living housing.
 - Creates outreach opportunities
 - Allows Recovery RX donors and investors to see first-hand where their contributions are going and the lives the being changed.

- Keeps funds raised “in-house” with our own sober living rooms for those transitioning from active addiction to sobriety creating less strain on budgets, the sponsees, and staff.
- Hold more regular workouts with our own space, creating more opportunities for connection and support.
- Add a paid position to help develop, market, and fundraise.
- Hold online classes and training sessions.
- Resume in-person workouts in other Florida cities.

Recovery RX Corp Year End Financials

	2022 Actual	2022 Budget	2022 Over/Under Budget	2021 Actual	2021 Budget	2021 Over/Under Budget
Revenue						
Total 1000 Gifts/Donations/Contributions	\$22,521.24	\$12,000.00	\$10,521.24	\$15,958.66	\$7,200.00	\$8,758.66
Total 1100 Miscellaneous Income	\$413.98	\$3,125.00	-\$2,711.02	\$72.67	\$100.00	-\$27.33
Total 1300 Events & Sales Income	\$1,768.52	\$5,400.00	-\$3,631.48	\$672.82	\$600.00	\$72.82
Total Revenue	\$24,703.74	\$20,525.00	\$4,178.74	\$16,704.15	\$7,900.00	\$8,804.15
Expenditures						
Total 2000 Fundraising Expenses	\$1,740.83	\$1,800.00	-\$59.17	\$0.00	\$1,030.00	-\$1,030.00
Total 2100 Treatment Sponsorships	\$21,076.97	\$15,100.00	\$5,976.97	\$7,050.00	\$5,520.00	\$1,530.00
Total 2200 Professional Fees	\$1,506.64	\$800.00	\$706.64	\$619.85	\$326.00	\$293.85
Total 2300 Advertising/Promotional	\$399.40	\$1,000.00	-\$600.60	\$224.00	\$180.00	\$44.00
Total 2400 Office/General Administrative Expenditures	\$207.27	\$929.00	-\$721.73	\$185.99	\$84.00	\$101.99
Total 2500 Transportation	\$0.00	\$420.00	-\$420.00	\$0.00	\$360.00	-\$360.00
Total 2600 Insurance	\$348.42	\$476.00	-\$127.58	\$346.00	\$400.00	-\$54.00
Total 2800 Equipment	\$0.00	\$0.00	\$0.00	\$1,097.00	\$0.00	\$1,097.00
Total Expenditures	\$25,279.53	\$20,525.00	\$4,754.53	\$9,522.84	\$7,900.00	\$1,622.84
Net Operating Revenue	-\$575.79	\$0.00	-\$575.79	\$7,181.31	\$0.00	\$7,181.31



